

# DAVID'S HOUSE

A DIVISION OF FAMILY OF A VET, 501c (3)

# A SAFE HAVEN FOR VETERANS & FAMILIES



*“Lack of affordable housing for families leads to homelessness.”*

-Homeaid.org

## HUD Statistics on Transitional Housing: Most Used Services

- Case Management 91%
- Setting Goals 81%
- Primary Healthcare 73%
- Basic Food Supplies 70%
- Life Skills Training 66%
- Employment 62%

*“Transitional housing will not help without peer mentoring”*

The following information is from **Life After Transitional Housing for Homeless Families** prepared for HUD, March 2010

86% moved from transitional housing to their own houses

*“Longer stay in transitional housing creates success”*

42% of the children not living with the family when entering transitional housing rejoined the family during their time in transitional housing

*“Follow up care after transitional housing is essential to success.”*

Children showed positive behavioral changes

Transitional Housing is set for a maximum of 24 months

- 36% housed for less than 12 months
- 25% housed for 12 months
- 22% housed for 13 to 18 months
- 17% housed for more than 18 months

## BOTTOM LINE

Transitional housing programs appear to help the families who use them to achieve some important goals for their lives.

Hopelessness leads to suicide.

Peer to Peer Mentoring/Support creates a positive influence.

### Key Ingredients for Peer to Peer Mentoring Support\*

- 1 Social support
- 2 Experiential knowledge
- 3 Trust
- 4 Confidentiality
- 5 Easy access

Strong social support networks have been linked to resilience, which is a fundamental component of successfully managing stress.\*

More willing to share with those having lived similar experiences, provides credibility.\*

The whole family can benefit from veteran in peer support creating healthier relationships.\*

Empowered to better cope with feelings, be more productive, and cope with depression or substance abuse.\*

\* SOURCE: DCOE.HEALTH.MIL